



Lindsey Lang Coaching

INSPIRE • IGNITE • IMPACT

30 AFFIRMATION CARDS

*Start attracting your **HAVE IT ALL** life!*

Simply print this document and cut out each card. Place them in locations around your house, office or car. If someone asks what they are, openly share. We all need good mojo and vibes in our world today.

If you really want to show the Universe you are open then say them out loud, with intention and open your arms wide to physically show you are ready!

I am open and willing to receive all good into my life.

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I am WORTHY and DESERVING of having everything my heart desires.

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I am safe.

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I believe in my own power to co-create my "HAVE IT ALL" life.

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I am a soft, powerful elegant beauty.

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Money comes to me easily and effortlessly in expected and unexpected ways. I AM A MONEY MAGNET.

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Every day I wake up with an attitude of gratitude.

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I love and respect myself exactly as I am.

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I am open to new ideas and ways of living.

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I am worthy and deserving of love including my own.

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I love every part of my body exactly as it is.

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What I focus on, I find; therefore, I focus on all good.

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I am ready to live life with my perfect partner.

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My body is full of vibrant health and perfectly functioning.

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My relationship is stronger, deeper and more connected every day.

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I am the CEO of my life.

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I release and let go of the need to be angry.

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I am willing to forgive anyone who has hurt me in the past.

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I acknowledge my own value and contribution in this world. My self confidence is growing every day.

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All the answers I need in life are right within me. I am my own guru.

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Each day I choose to do something outside my comfort zone.

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Life loves me, and it is happening for me. Only good comes to me.

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I own and claim my power moving beyond any limitations.

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I am at peace with everything in my life.

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I speak with intention and to be heard.

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I set boundaries and enforce them.

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My happiness is a choice that I am responsible for creating.

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I radiate positive energy.

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I enjoy exercise as it does my body good.

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I forgive MYSELF.

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